



# KONSTFACK

*University of Arts, Crafts and Design*

## INCOMING EXCHANGE STUDENT GUIDE

AUTUMN 2026 / SPRING 2027



Updated 2026-05-05



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# WELCOME AND ARRIVAL

## ORIENTATION DAYS AUTUMN SEMESTER: 27 -28 AUGUST

Please make sure to come to our Orientation, the first day is obligatory!

✓ Thursday 27 august, 1 p.m. – 4 p.m.

Obligatory intro meeting, registration, and key pick-up for student dorms.

✓ Friday 28 August

We will arrange a social activity for all incoming students. Time and place will be emailed.

✓ Monday 31 August

First day of classes.

### Academic calendar

📅 Autumn semester: 31 August 2026 – 17 January 2027 (week 36 – week 02))

📅 Spring semester: 18 January 2027 – 6 June 2027 (week 03 – week 22)

### Public Holidays 2026/2027:

Christmas holidays: 24 – 26 December (No classes 28 – 30 December)

New Year: 31 December & 1 January

Epiphany: January 6

Easter: 26 – 29 March

Labor Day: 1 May

Ascension Day: 6 May (No classes 7 May)

Swedish National day: 6 June

In Sweden we count weeks, e.g., the first week in January is week number 1. On your schedule the weeks will have numbers according to this system.

### Getting to Konstfack

✈️ From Arlanda, Skavsta or Bromma, the cheapest way is the [Airport bus](#). [Arlanda Express](#) is faster, but more expensive.

🚇 From Central Station: red metro line toward Fruängen → Stop: Telefonplan → 100 m walk to LM Ericssons väg 14.

Travel green together with other exchange and international students with Go2RAIL

➔ [Go2RAIL](#)



# PREPARING FOR YOUR EXCHANGE

## Residency

### ✓ Right to reside for EU/EAA and Nordic citizens

As an EU/EEA or Nordic citizen you have the right to reside in Sweden and may study without a residence permit. For more information, please check the [→ Swedish Migration Board website](#)

### ✓ Residence permit for non-EU citizens:

The residence permit should be received before you travel to Sweden.

## Insurance

### ✓ Insurance for exchange students

Exchange students at Konstfack are covered by the insurance *Student-IN* from *Kammarkollegiet*.

The insurance applies during direct travel between your home country and Sweden, during the period of education in Sweden, as well as two weeks before the start of study and two weeks after the end of study.

Note that the insurance only applies while in Sweden.

→ Please read [the terms and conditions here](#) and what it covers carefully.

Konstfack strongly recommends all students to also have complete insurance coverage to avoid extreme costs for incidents that might occur during off-campus activities. Carefully consider which level of insurance you need and pay particular attention to any restrictions and exclusions.

### ✓ EU/EEA/Swiss/Nordic citizens

If you're a citizen of any of the EU/EEA countries or Switzerland, you should register for a European Health Insurance Card (EHIC) in your home country before coming to Sweden.

### ✓ Insurance non-EU citizens:

For students, from countries outside the European Union, who stay in Sweden for less than a year, it is very important to buy a private insurance before arriving in Sweden, since medical treatment is very expensive if you do not have insurance. Swedish insurance offices cannot give foreign citizens any kind of private health insurance.

Read above regarding our emergency insurance and check what coverage you have through your home university.

⚠ Please note that many health insurance policies do not cover dental treatment.



# GETTING SETTLED AT KONSTFACK

## Getting your e-mail account, access to Canvas and intranet

During Orientation you receive your username and password. You will use it to login to your email, intranet and Canvas (Konstfacks learning platform).

Access via [→ www.konstfack.se/en/](https://www.konstfack.se/en/) [→ Log in](#) [→ Webmail/ Intranet / Canvas](#)

Please check your Konstfack email daily.

## Access card

Info is sent by email during the summer from Nexusgroup.com with information on how to apply for your access card.

## Wi-Fi access

You can use the network [Eduroam](#) anywhere at Konstfack (and a lot of other places) by logging in with your Konstfack account.

## Grades and Transcript of Records

Ladok is used for grades and Transcript of records. Log in with your Konstfack email.

[→ Studentladok](#)

**⚠** Grades are Pass/Fail (except in the Teacher Education programs).

## Student housing

20 rooms available for exchange students; rent applies for the whole semester.

Application and information about deposit will be emailed to you from Anna Gustavsson/ Infocenter.

[→ Konstfack dorms](#)

## Receiving mail and packages

Please use this address to for mail and packages, including if you shop on the internet:

✉ Konstfack /Att: your name / LM Ericssons väg 14 / 126 26 Hägersten / Sweden

Pick up parcels at Infocenter.

## Materials fees

Some of the programs have materials fees, you pay per use material or per semester depending on the program. Please note that you can pay for materials at the Infocenter.

## Workshops

Konstfack has a lot of different workshops, some are mainly for the students in that program, like the ceramics workshop. To be able to use the common metal workshop and the common wood workshop you need to take an introductory course first.



# LEARNING AND SUPPORT

## Equal treatment

Konstfack rejects discrimination and harassment, and staff and students have a right to be treated with respect and work in respectful environment. More information and how to make a complaint here → [Equal Treatment of Students - Konstfack](#)

## Classes and schedule

Generally at Konstfack, you will get freedom to work with your own projects, and the courses are usually held one at a time.

📅 Expected presence Monday – Friday 9 a.m. - 5 p.m.

📅 The schedule is published minimum 2 weeks ahead.

⚠️ If you plan to travel during the semester, discuss it with the program coordinator first.

## Student Union at Konstfack

[The Konstfack Student Union](#) is located behind the restaurant in Konstfack.

## Student ID card

To get access to student discounts on public transportation, museums etc. you'll need a Student ID card.

Please follow the instructions on this link in order to get the card:

[The Mecenat app - a digital card in your smart phone](#)

## The Library at Konstfack

[The library](#) is open for students and staff, during the evening no library staff will be present, but you can check out/in using the self-check machine. ⚠️ Alarm activates at 9 p.m. The library also offers a Study Support Service that can help you with your writing. [Book a time here.](#)

## Educational Administrators at the departments

Department of Crafts

✉️ [KHVadmin@konstfack.se](mailto:KHVadmin@konstfack.se)

Department of Design, Interior Architecture and Visual Communication

✉️ [DIVadmin@konstfack.se](mailto:DIVadmin@konstfack.se)

Department of Fine Art

✉️ [KONSTadmin@konstfack.se](mailto:KONSTadmin@konstfack.se)

Department of Visual Arts and Sloyd Education (Teacher Education)

✉️ [IBISadmin@konstfack.se](mailto:IBISadmin@konstfack.se)



# HEALTH & WELL-BEING

## Health care & Emergencies


 SOS Emergency number: Call 112

The police, ambulance and fire department can be reached by dialing 112.

Medical advice hotline: Call 08-1177

A 24-hour helpline service with information and advice on what to do in case of acute or sudden illness. It's a free service and they speak English. You can also call with non-acute questions.

Suicide prevention hotline: Call 08-90 101

 [Mind](#) – mental health and wellbeing resources.

Health Care Center (Vårdcentral)

For non-urgent care you should visit a “vårdcentral”. The nearest one from is Telefonplans vårdcentral, phone: 08-726 55 50

Pharmacy (Apotek)

The nearest pharmacy is located right in Telefonplan, next to the ICA supermarket. There is also a 24-hour pharmacy close to the central station. You will find non-prescription drugs like painkillers and allergy meds in most supermarkets.

Emergency dental care

Call 08-1177 to find an emergency dental clinic. Please note that dental care is expensive in Sweden.

Stockholm Student Health Services (Studenthälsan)

Individual counselling, groups, workshops, etc, free of charge. You can contact them if you have problems related to stress or worries or your study – life balance.

[More information and to book an appointment](#) or call 08-674 77 00 for a phone consultation Thursdays 11.00 –12.00.

Online student health portal for students

[Studenthälsa.se](#) is your portal to student health, no matter where or how you study in Sweden. Here you will find facts, events and interviews that can provide you with tips and advice for improved well-being.



# PRACTICALIES FOR EVERYDAY LIFE

## Banking in Sweden

Check with your bank at home if it is possible to pay bills in Sweden using the internet bank before you arrive. You should be prepared to pay your first housing bill during the first week in Sweden, since you pay for the accommodation ahead of time.

You can open a bank account in a Swedish bank, the largest ones are:

- [SEB](#)
- [Nordea](#)
- [Swedbank](#)
- [Handelsbanken](#).

It differs what kind of documentation they will need from you, usually you need passport, a letter of admission from Konstfack and address information (rental contract). If you are a student from a non-EU/EAA country or Swiss citizen, you also need a residence permit.

Please note that American students cannot open bank accounts in Sweden due to American rules and regulations.

### Paying bills

The cheapest way to pay bills is through your internet bank.

Another option is to go to a Forex exchange office; they charge you per bill.

### Opening a bank account or getting a free debit card through an app.

There are new banks like Revolut where you can get a free debit card through an app and other alternatives too, always look at the credentials first.

## Swedish language course

We do not organize Swedish classes at Konstfack.

If you are interested, you can contact:

- [Folkuniversitetet](#)
- [Medborgarskolan](#)

⚠ Please note that you must pay for the course yourself.

There are also free language cafés at the public libraries – for example at the [Aspudden library](#).

It is not necessary to speak Swedish coming on a semester of exchange. Most tuition will be in a mix of Swedish and English and if not, you will be able to get instructions in English after the session. You'll find that most in Sweden speak English well.



# TRANSPORTATION & TRAVEL

## Stockholm public transportation

The provider of public transportation in Stockholm is called SL. You can buy tickets in the SL app, at the subway booth or register your debit card.

✓ Read about fares and tickets [here](#).

⚠ For student discount you need to have a student card with the SL logo printed on the card.

When you buy the travel card you do not need to show a student ID card, but you must be able to prove that you are a student at ticket inspections when they check your ticket while travelling.

The easiest way to get your Student card is to become a member of the Student Union when the semester starts.

## Trains

Going by train in Sweden is a great way to other parts of the country, usually with student discounts.

The largest companies are: [SJ](#), [Snälltåget](#) and [VR](#).

## Boats to the Stockholm archipelago

Don't miss the Stockholm archipelago consisting of more than 24000 islands!

There are several boats going all over the Stockholm archipelago. The most common companies are [Waxholmsbolaget](#), and [Strömman kanalbolaget](#).

✓ You can also take the boat in Stockholm with your SL-card look at the maps [here](#).



*Hanna Järgerstedt, Graphic Design and Illustration, 2024*



# CULTURE & EXPLORATION

## Tourist info

- [Visit Stockholm](#)
- [Visit Sweden](#)
- [Stockholm museums](#)

## Swedish news

Keep updated on current events in Sweden, it's a good way to feel more integrated as a visiting student.

- [The local](#) Swedish news in English
- [Radio Sweden](#) Swedish news in English from the public radio

⚠ [Emergency information](#) from Swedish authorities on mayor incidents and catastrophes

## Swedish nature

The right of public access [Allemansrätten](#) gives you the right to use private and public land and waterways for activities like hiking, jogging, boating, and camping. You are obligated to not cause damage (breaking branches etc) and show consideration to other people and animals (walk too close to houses and private gardens or camp for more than 1-2 night).

## Volunteering

If you would like to engage in voluntary work, please have a look at [Volontärbyrån](#)

# QUESTIONS?

Send us an email and we'll try to help you!

International Office at Konstfack: Katarina Stanisiz and Linn Glasser Skog

✉ [international@konstfack.se](mailto:international@konstfack.se)



*Vera Ellburg, Jewelry and Corpus, 2024*